

First Day Suggestions

1. Daily Nutritious lunch and one (1) piece of fruit to share for morning snack (Afternoon snack provided)

Please observe the "No Nuts Policy". This includes peanut butter, almond butter and granola bars/cookies with peanuts



Lunches requiring heating must be appropriately packed in a microwave safe container.

- Icepacks will help keep food cool.
- Send juice in reusable containers to reduce waste and garbage; juice boxes are discouraged
- Labeled water bottle that your child can drink from during the day & outside



Children will be encouraged but not forced to eat all lunch items and will be bringing home left-over or uneaten food.

2. Change of Clothes (in a labeled Ziploc bag):

- | | |
|-----------------------|---------|
| • Underwear (2 pairs) | • Pants |
| • Socks | • Shirt |



3. Inside Shoes/slippers:

Velcro only; **no laces** please



4. Weather appropriate items:

- Muddy buddies (for rainy & wet days)
- Boots (slip-on)
- Sun hat and Sunscreen (both labeled)

5. Nap time :

- Thin blanket & (optional) pillow
- bottom sheet (fitted crib sheet)
- nap time cuddle toy (optional)

These items need to fit in a small bucket (9" X 12" X 9") and over-sized items will be sent home. Parents are encouraged to take sheets and blankets home and launder over the weekend.



Please do not send toys from home with your child other than for show and tell.

(Infants & Toddlers, School Age Care – see next page)

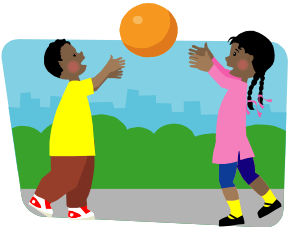
First Day Suggestions

Infant/Toddlers (in addition to the above):



- Diapers/pull-ups
 - Baby wipes
 - Numerous changes of clothing, especially when toilet training
 - Bottles/sipper cups (filled with appropriate milk, formula or juice)
 - Infants - All food items including snacks.
- Toddlers only - 1 piece of shared fruit (as above) for morning snack; afternoon snack provided
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School Age (see above for more details):



1. Daily nutritious lunch and 1 piece of fruit to share for morning snack on non-school days.
2. Inside shoes/slippers
3. Weather appropriate items including boots & rain jackets (winter) and sunhat and sunscreen (summer).

Please, NO TOYS or ELECTRONICS from home; they will remain in your child's backpack.



“nurturing your child's growth”